

“What are little girls made of? Sugar and spice, and all that’s nice; that’s what little girls are made of.”

# Sugar and Spice & Everything Nice

## A Collection of Spring Getaways for Mom’s and Their “Little” Girls

By Gladys Magazine Contributing Writer Karen Holly Berliner.

### Close your eyes for just a moment.

Now peruse your memory for an image, an occasion; even just a snapshot glimpse of you and your daughter—or likewise, you and your mother. Perhaps you’ll conjure up a prom dress shopping excursion with that special Aunt or revive an image woven tapestry of a rainy day card game played with grandma, fireside. Whomever and wherever that special place is, give yourself a moment to recollect the feeling and let yourself go there.

### Now open your eyes.

Imagine having a chance to make brand new memories like those again. A getaway planned for just the two of you can be the perfect chance to get to know each other all over again. Refreshing and soul inspiring, time spent together can actually redesign an aspect of your relationship; even just put a fresh spin on the tried and true pact between you two. Perhaps you are craving some much needed one on one time, while also looking to indulge in a little well deserved luxury. Whatever the rhyme or reason, undiscovered destinations, activities just for two, memorable meals shared, a private yoga class, even just a good old fashioned pajama party can all be perfect ways to capture moments of a lifetime. Grandmothers, aunts, cousins and nieces should not be forgotten! From the quintessential ritual of female bonding at the spa, to a quaint cup of tea in a fragrant spring garden, why not create some new memories with the women who play such a big role in your lives? So pack a light bag and steal away with your Gladys.



*“A daughter may outgrow your lap, but she will never outgrow your heart.” author unknown.*

### Escape Today to the Gilded Age of Yesterday

**Blantyre Lenox, Massachusetts -The Berkshires**

[www.blantyre.com](http://www.blantyre.com) -

*Extravagance. Opulence. Decadence.*

What woman doesn’t love those things? Tucked discreetly within the Berkshire Hills, this palatial Tudor-style stone mansion estate sits amidst vast and lush acreage and beckons you way back to the gilded age. Imagine this: Upon arrival, enter the majestic great room where a pianist tickles the keys as well as your fancy.

Upstairs discover impeccably decorated rooms swaddled with luxurious fabrics and wallpapering, freshly cut Spring flowers peaking out of cobalt blue transfer ware vases, antique accoutrements and furnishings and of course, shelf upon shelf of beloved dog-



eared books, all graciously poised to escort you back to centuries past. By day, swim laps in their pristine pool, perfect for an Indian summer day’s workout in the spring. By afternoon, grab a massage a deux at their onsite spa, The Potting Shed, dedicated to pampering and custom beauty and body treatments par excellence. Enjoy world class gourmet cuisine in any of the grand dining spaces throughout. Pack some girly girl sundresses, grab your daughter’s hand and run away from home upcountry, to this fairy tale come true.

### While you both are there, why not? ...

#### Play dress up

The Blantyre’s fragrant indoor garden conservatory offers gourmet dining prepared to order by a team of world class chefs, served in an intimate and charming setting. Costumed maidens seamlessly whoosh over with your selected fare, with the polish and class of yesteryear. Descend the grand center stairs, yourself clad in fully appointed formal garb.



Give that prom dress a trial run or maybe dust off that vintage ball gown from days gone by. Have a lady’s lunch, shamelessly gossip and sip honey-eyed tea with pastries.

### No one’s listening.

*“You can see it in their eyes, in tender hugs and long good-byes, a love that only moms and daughters know.” Anonymous*

### Juliet and Her Mom Take a Holiday. Romeo Stays Home. The Mayflower Inn, Washington, Connecticut

[www.mayflowerinn.com](http://www.mayflowerinn.com)

In the Shakespearean tragedy Romeo and Juliet, Lady Capulet and her daughter Juliet clearly face some struggles in their relationship, as mothers and their teenagers often do. Somehow though along the line, Lady Capulet does find a common thread in which to connect with Juliet as now she too is of the marrying age—and so the relationship continues. Now



fast forward to you and your daughter. Picture the magic to be had in escaping to your very own Shakespearean destination; The Mayflower Inn. This 58 acre estate in the Litchfield Hills is a charming well secluded sanctuary, itself infused with old world accoutrements, from their English gardens in fragrant full bloom, to the opulent furnishings about the property. Find sprawling bedroom suites, tastefully furnished with antiques and roaring fireplaces in every room. Authentic frette linens and fully upholstered four-post canopy beds, stage the perfect scene for a fairy tale sleep over.